



Lillian, Ko Ngāti Porou, Rongomaiwahine, Ngāti Tūwharetoa, Te Arawa ngā Iwi.

## A smear test saved my life.

Lillian put off going for a smear test for nine years. When she finally went, they found changes to the cells on her cervix. She had the treatment and now she's fine.

If Lillian hadn't had her smear test she wouldn't be alive today to share her story. She wouldn't be here for her four sons. She wouldn't be here for her whanau.

A smear test is a simple health check for all women who have ever been sexually active. If you haven't had one in the last three years, do it now.

Life is precious. Do it for yourself and for your whanau.



Don't put it off.

Contact your doctor, nurse or health worker for an appointment.

Or call 0800 729 729 for more information.



New Zealand Government